

Total Guide to:

## Men In Black- Recreational gymnasts

Please ensure that your child comes to the dress rehearsals **specific to their allocated show times (as per your email to sign up)**. Rehearsals are on Sundays 24<sup>th</sup> Nov, 1<sup>st</sup> Dec & 8<sup>th</sup> Dec (at least two of these must be attended).

**Please enter gym via main entrance.**

**Shows on Saturday 14<sup>th</sup> at 3pm & Sunday 15<sup>th</sup> at 11am:**

**Dress rehearsals at 1.20-2pm on 24/11, 1/12 & 8/12**

**Shows on Saturday 14<sup>th</sup> at 6.30pm & Sunday 15<sup>th</sup> at 3pm:**

**Dress rehearsals at 2-2.40pm on 24/11, 1/12 & 8/12**

**Shows on Saturday 14<sup>th</sup> at 11am & Sunday 15<sup>th</sup> at 6.30pm:**

**Dress rehearsals at 2.40-3.20pm on 24/11, 1/12 & 8/12**

**Please bring your costume to reception during your normal class for approval and then to all dress rehearsals:**

- Alien costume/ onesie
- Plain coloured clothing with accessories (doesn't have to be green!)
- Please remember that your child will need to be able to perform gymnastics in their costume! Any hats or hair bands must be secure.
- Bare feet
- General Squad- your coaches will give you costume details- this is NOT your costume!!

Here are some ideas and examples:

